

## **MAXIMUSCLE - MULTIVITAMIN**

- Superior strength vitamin and mineral support
- Micronutrient support for active people
- 3 months support, 90 tablets per pot
- Suitable for Vegans



# 24 NUTRIENTS PACKED INTO THIS HIGH-QUALITY MULTIVITAMIN





#### WHAT IS IT?

Micronutrient support is important for everyone, but this can become difficult to achieve from diet alone. Maximuscle Multivitamin contains all the essential vitamins along with powerful minerals and trace elements.

#### WHAT MAKES IT DIFFERENT?

From time to time everyones diet needs a helping hand to ensure that it contains all of the essential vitamins and mineral., Maximuscle multivitamin offers the perfect micronutrient support.

# **HOW WILL IT HELP ME?**

Maximuscle Multivitamin is a one tablet a day solution that provides superior vitamin and mineral support.

### WHEN SHOULD I USE IT?

Take 1 tablet per day with water. Take alongside food to aid nutrient absorption. Please do not exceed the recommended dosage.

#### INFORMED-SPORT

The entire Maximuscle range is screened for banned substances and is accredited on the Informed-Sport programme.

# **KEY NUTRITIONALS**

NUTRITION INFORMATION	Per tablet	% EU NRV
Vitamin A	604 µg	76%
Vitamin E	20 mg	167%
Vitamin C	90 mg	113%
Vitamin K	30 μg	40%
Vitamin B1 (Thiamin)	1.8 mg	164%
Vitamin B2 (Riboflavin)	3.2 mg	229%
Vitamin B6	3 mg	214%
Vitamin B12	25 μg	1000%
Vitamin D	10 μg	200%
Biotin	45 µg	90%
Folic Acid	400 μg	200%
Vitamin B3 (Niacin)	40 mg	250%

NUTRITION INFORMATION	Per tablet	% EU NRV
Vitamin B5 (Pantothenic Acid)	10 mg	167%
Calcium	90 mg	11%
Magnesium	100 mg	27%
Iron	4 mg	29%
Copper	2 mg	200%
Manganese	5 mg	250%
Chromium	107 μg	268%
Molybdenum	28 μg	56%
Selenium	75 μg	136%
Zinc	15 mg	150%
Boron	0.1 mg	-
Potassium	80 mg	-